

## MAIN PLATES

### OUR SIGNATURE BURGERS

Swap to sweet potato fries +1.00

#### THE ALL BAR ONE BURGER 11.75

Handmade beef patty, bacon, smoked Cheddar cheese and our signature burger sauce, served in a brioche bun with gherkin, lettuce, tomato and seasoned fries

#### THE JERK CHICKEN BURGER 11.50

Jerk chicken breast, lettuce, fire-roasted red peppers served in a brioche bun with tobacco onions and seasoned fries

#### THE CLASSIC 10.50

Handmade beef patty with our signature burger sauce, served in a brioche bun with gherkin, lettuce, tomato and seasoned fries

#### THE PLANT BASED BURGER 13.95

The revolutionary Beyond Meat® burger that looks, cooks and satisfies like meat. Plant-based patty served with a cheese alternative produced from coconut oil, vegan mayonnaise, lettuce, tomato and tobacco onions in an ancient grain bun served with seasoned fries

Simply ask our team to make your burger 'skinny' by swapping your bun for half an avocado and fries for salad

#### MAKE IT YOUR OWN

Bacon 1.50 / Smoked Cheddar (V) 1.00 / Grilled halloumi (V) 1.00 / Extra patty 3.00  
Smashed avocado (VE) 1.50 / Chilli non carne (VE) 2.00 / Pulled chicken 3.00 / Fried egg (V) 1.00

#### TEMPURA FISH & CHIPS 11.95

Tempura cod fillet, mushy peas, tartare sauce and seasoned fries

#### PIRI-PIRI BONELESS CHICKEN 12.25

Served with coleslaw and a choice of seasoned fries or house salad

#### PAD THAI (V) 9.25

With rice noodles, peppers, broccoli, free range egg, pak choi, sugar snaps, sweet chilli and peanuts  
Add chicken breast & prawn cracker 2.50  
Add king prawns & prawn cracker 3.00  
Add beef fillet & prawn cracker 3.50

#### TERIYAKI YELLOWFIN SOLE 10.95

Served on a vermicelli noodle salad with lime, red onions, peppers, spinach, chilli and a thai-style dressing

#### THE POWER OF FIVE & RICE 10.25+

A nutritious power-food : 5 of your 5 a day

Chargrilled medley of greens, butternut squash, aubergine, mushrooms, peppers and nigella seeds with a sesame and miso sauce, topped with a rice noodle cracker and served with sticky rice

Add chicken breast 2.50 / Halloumi (v) 2.00 / King prawns 3.00

#### AVOCADO & BLACK RICE SALAD 9.75

2 of your 5 a day, rich in Vitamin C and Vitamin B6

Avocado with nigella seeds, quinoa, soya beans, baby kale & chilli topped with coconut dressing and tortilla crisp

Add chicken breast 2.50 / Halloumi (v) 2.00 / King prawns 3.00

#### THE CLUB SANDWICH 9.95

Chargrilled chicken breast, egg mayonnaise, lettuce, tomato & bacon in a toasted ciabatta with seasoned fries

#### FILLET STEAK WRAP 10.95

Served in a beetroot & chia seed wrap, with red onion chutney, dijon mustard mayonnaise, crispy tobacco onions and seasoned fries

#### FIRECRACKER CHICKEN & CHORIZO MAC & CHEESE 12.50

In a smoked Applewood Cheddar sauce with tobacco onions

#### 8oz RIBEYE 16.95

With a peppercorn sauce and Parmesan & rosemary fries

Add pan-fried King Prawns 3.00 / Onion rings 1.00

## TAPAS & SHARING

We recommend 3 dishes each, or sharing 5 dishes between two

ANY 3 FOR £16 OR 5 FOR £26

### MEAT

#### CHORIZO & HALLOUMI SKEWERS 6.25

With pico de gallo salsa

#### PULLED SALT BEEF CROQUETTES 6.50

With fried pickles and caesar wedge

#### BBQ CHICKEN WINGS 6.95

Glazed with Korean inspired BBQ flavours of ginger, garlic and soy

#### PULLED CHICKEN TACOS 6.50

Filled with pulled chicken, crushed avocado and nacho crumb

### FISH

#### SALT & PEPPER CALAMARI 6.50

With a sweet chilli and lime dip

#### FISH TACOS 6.50

Cajun spiced yellowfin sole with caesar slaw

#### PAN FRIED KING PRAWNS 6.50

Tomato, chilli & paprika with baby kale and warm ciabatta

### VEGETABLES

#### CHILLI NON CARNE TACOS 5.95

Filled with chilli non carne, crushed avocado and nacho crumb

#### SPICY CORN & AVOCADO (V) 5.95

In a creamy bechamel sauce with nigella seeds and chilli

#### AVOCADO & TOMATO BRUSCHETTA 5.95

#### HOUMOUS DUO 5.95

Beetroot & apple houmous and classic houmous, served with flatbreads

### CHEESE

#### HALLOUMI FRIES 5.75

#### STONEBAKED GARLIC FLATBREAD (V) 5.95

With rocket, Italian hard cheese and balsamic dressing

#### LOBSTER MAC & CHEESE† 6.50

In a smoked Cheddar sauce

## OUR SIGNATURE SHARING BOARDS

A selection of our favourite tapas dishes, perfect for two to share!

#### THE GRAZING BOARD† 16.95

Chorizo and halloumi skewers, BBQ chicken wings, salt & pepper calamari, houmous, flatbread and All Bar One nachos

#### THE MEZZE BOARD (V) 15.95

Chilli non carne tacos, spicy corn & avocado, grilled halloumi, smashed avocado, houmous, warm breads and a mixed salad

#### ALL BAR ONE NACHOS (V) 8.95

Topped with Monterey Jack cheese, salsa, sour cream, guacamole and jalapeños  
Add chilli non carne (v) 2.00 / Add pulled chicken 3.00

#### BOX-BAKED CAMEMBERT & CHARCUTERIE 13.50

Fennel salami, coppa ham, prosciutto crudo, red onion chutney, bread, olives and rocket

#### TRIO OF FRIES 8.95

Three buckets of fries:  
Fries with smoked paprika and saffron aioli,  
Fries with Parmesan, truffle oil and rosemary,  
Sweet potato fries with sour cream and Cajun dusting

## SIDES & NIBBLES

#### SEASONED FRIES 3.25

with smoked paprika and saffron aioli (v) 4.25  
with Parmesan, truffle oil and rosemary 4.25  
with chilli non carne & Monterey Jack cheese (v) 4.50

#### SWEET POTATO FRIES 4.25

#### RUSTIC BREAD & OIL (V) 3.75

#### DRESSED MIXED SALAD 3.50

#### ROCKET & PARMESAN SALAD 3.50

#### OLIVES 2.95

#### PADRON PEPPERS 3.50

#### TORTILLA CHIPS 3.50

## TAPAS TUESDAY

COMPLIMENTARY BOTTLE OF HOUSE WINE WHEN YOU PURCHASE ANY 4 TAPAS\*

Available from 4pm every Tuesday, ask our team for more details



## EXPRESS LUNCH & A DRINK

£9.95

Available Monday-Friday, until 3pm

Enjoy our delicious lunch dishes with your choice of 125ml glass of house wine, half-pint of Amstel or our non-alcoholic twisted Tonics or draught soft drinks.\*\*

## LUNCH

Each of our lunch dishes are served everyday until 5pm

#### CHEESE & RED ONION CHUTNEY MELT (V) 8.50

Served open on a toasted ciabatta with tomato and rocket

#### BBQ CHICKEN, BACON & CHEESE MELT 8.95

Served open on a toasted ciabatta with rocket


#### SMASHED AVOCADO, FETA & CHILLI (V) 9.50


Served open on a toasted ciabatta with spring onion


#### PULLED SALT BEEF HASH 8.95

Pan-fried baby potatoes, creamy mushy peas and red onions topped with a breaded egg

#### EXTRAS

Add seasoned fries 3.25 

Add sweet potato fries 4.25 

Add mixed salad 3.50 

Add rocket & Parmesan salad 3.50

#### HANDMADE FISH FINGER WRAP 8.50

Lightly breaded cod goujons with cos lettuce, tartare sauce and seasoned fries

Upgrade to sweet potato fries +1.00

#### CHICKEN QUESADILLA 8.95

Chargrilled tortilla with pulled chicken, black beans, peppers and lime. Served with sour cream and seasoned fries

Upgrade to sweet potato fries +1.00

#### VEGAN BUN 8.95

Aubergine & harissa patty, lettuce, red onion, tomato and vegan mayonnaise served in an ancient grain bun with seasoned fries

Upgrade to sweet potato fries +1.00

#### HANDMADE MEATBALL WRAP 8.95

Beef meatballs, spicy tomato & onion sauce, Monterey Jack cheese, watercress, tobacco onions and seasoned fries

Upgrade to sweet potato fries +1.00

## DATE NIGHT OR MATES NIGHT

2 COURSES FOR £10.95, 3 COURSES FOR £13.95

See the reverse of the menu for more details

## SWEET TREATS

#### CHURROS (V) 6.95

Our favourite treat... served with a rich chocolate sauce

#### BISCOFF BANANA 5.95

Coconut mousse, biscoff crumb, toffee sauce and pecan brittle

#### RASPBERRY & COCONUT SORBETS 3.75

Served with raspberries and mint

#### BELGIAN CHOCOLATE BROWNIE (V) 5.75

Served with bourbon vanilla ice cream

## COCKTAILS

The perfect after-dinner treat - see our drinks menu for our full cocktail list and prices

#### ESPRESSO MARTINI I


Ketel One vodka, Tia Maria and coffee

#### PORN STAR MARTINI I

Absolut Vanilla vodka, passion fruit and lime. Served with a shot of Prosecco

#### NEGRONI RISTRETTO ■

A pick me up twist on the classic - Bombay sapphire gin, Campari, Martini Rosso and Tia Maria

Please visit our website to view our nutritional information at [www.allbarone.co.uk/nutritional-info](http://www.allbarone.co.uk/nutritional-info). Nutritious Powerfoods - Vitamin C contributes to normal psychological function, Vitamin B6 contributes to the regulation of hormonal activity, Folate contributes to normal homocysteine metabolism. \*Tapas Tuesday - served from 4pm on Tuesdays. Each small plate will be charged at full price and not valid with any other promotion. \*\*Lunch promotion - our team reserve the right to specify which drinks products are available within this promotion, the drinks valid are subject to change. Served Monday-Friday until 3pm only. Our Skinny burger contains 30% less energy than our classic burger. All our food and drink is prepared in a kitchen where cross contamination may occur and our menu descriptions do not include all ingredients. Some dishes may contain small bones. Full allergen information is available upon request. If you have a question, food allergy or intolerance, please let us know before placing your order. †This dish contains alcohol. (V) = made with vegetarian ingredients. (VE) or  = made with vegan ingredients, however some of our preparation and cooking methods could affect this. If you require more information, please ask your server.





# FOOD


DATE NIGHT  
OR  
MATES NIGHT

2 COURSES £10.95  
3 COURSES £13.95



## SMALL PLATES

- BBQ Chicken Wings
- Salt & Pepper Calamari
- Crushed Avocado Bruschetta 
- Chilli Non Carne Tacos 

## MAINS

- Firecracker Chicken & Chorizo Mac & Cheese
- The Classic Burger & Fries
- 8oz Ribeye (£5 Supplement)
- The Power Of Five With Rice 
- Pad Thai (V)

## DESSERTS

- Churros (V)
- Raspberry & Coconut Sorbets 
- Belgian Chocolate Brownie (V)
- Biscoff Banana 

Available Sunday – Thursday from 5pm,  
ask a member of our team for more details



ALL·BAR·ONE

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