# ALL BAR ONE

BRUNCH

### SPARKLING BRUNCH ———

For £32pp get 4 glasses of Prosecco and one dish of your choice from the below.

#### BRUNCHING -



#### **FRENCH TOAST**

With bacon and maple syrup 838kcal

With glazed peaches, raspberries and vanilla ice cream (v) 805kcal

#### THE FULL BREAKFAST

British pork sausages, smoked streaky bacon, Copper Maran eggs, roasted mushrooms, tomato, baked beans and toasted sourdough 808kcal

#### THE VEGGIE BREAKFAST (V)

Meatless Farm™ sausages, Copper Maran eggs, roasted mushrooms, tomato, baked beans, beetroot hash and toasted sourdough 628kcal

#### SHAKSHUKA BAKED EGGS (V)

Two Copper Maran eggs baked in a spicy chickpea & tomato stew, with wilted spinach and toasted sourdough *673kcal* 

Add chorizo 247kcal or feta (V) 276kcal | 2

#### **EGGS ROYALE**

English muffin topped with smoked Scottish salmon and poached Copper Maran eggs, served with omega & sesame seed sprinkle and lemon hollandaise 650kcal

### SMASHED AVO & FETA ON SOURDOUGH TOAST (V)

Topped with a poached Copper Maran egg, chilli, spring onion and coriander *649kcal* 



## -Drinks //pgrade.

Upgrade for +£10pp and enjoy any 4 of: Tanqueray London Dry Gin & Fever-Tree Tonic, Aperol Spritz, Pineapple Daiquiri and Strawberry Daiquiri.

#### LUNCHING —

#### PAD THAI (V)

Rice noodles, free range egg, pak choi, baby corn, broccoli, sugar snap peas, beansprouts, sweet chilli & pine nuts. Choose - soy sauce or sriracha 526kcal

With chicken breast & prawn cracker *269kcal* | 3.5 With king prawns & prawn cracker *138kcal* | 5

#### PLANT-BASED BURGER (VE)

Meatless Farm™ patty with pickled pink onion, Violife melting mature slice, beef tomato, little gem lettuce, jalapeños, tomato & coriander salsa and seasoned skin-on fries 942kcal

#### **CLASSIC CHEESE BURGER**

Chargrilled beef patty topped with smoked Cheddar cheese, beef tomato, little gem lettuce and mayo with seasoned skin-on fries 1080kcal

#### **CHICKEN QUESADILLA**

Chargrilled tortilla with chicken breast, roasted peppers, chickpeas, smoky tomato sauce, Cheddar cheese and sour cream, with seasoned skin-on fries 715kcal

#### SIDES -

SEASONED SKIN-ON FRIES (VE) 401kcal 3.95
With smoked paprika and saffron aioli (V) 484kcal 4.5

With Gran Moravia, truffle-infused oil and **4.5** rosemary (V) *459kcal* 

 SWEET POTATO FRIES (VE) 472kcal
 4.5

 ONION RINGS (VE) 300kcal
 3.5

#### Adults need around 2000 calories a day —

### BRUNCH —

### SMASHED AVO & FETA ON SOURDOUGH TOAST (V)

Topped with a poached Copper Maran egg, chilli, spring onion and coriander *649kcal* 

#### THE FULL BREAKFAST

British pork sausages, smoked streaky bacon, Copper Maran eggs, roasted mushrooms, tomato, baked beans and toasted sourdough 808kcal

#### THE VEGGIE BREAKFAST (V)

Meatless Farm™ sausages, Copper Maran eggs, roasted mushrooms, tomato, baked beans, beetroot hash and toasted sourdough 628kcal

#### THE VEGAN BREAKFAST (VE)

Scrambled tofu with spinach, Meatless Farm™ sausages, tomato & chickpea stew, roasted mushroom, avocado and beetroot hash 683kcal

#### BANANA & BERRY BOWL (VE)

Granola, berries and non-dairy coconut yoghurt alternative *318kcal* 

#### **ULTIMATE BACON SANDWICH**

Smoked streaky bacon, chipotle chilli relish and watercress on toasted focaccia *761kcal* 

EXTRAS —

 Toasted sourdough (V) 368kcal
 1.5

 Avocado (VE) 238kcal
 2

 Mushrooms (VE) 124kcal
 2

 Smoked salmon 105kcal
 3

 Smoked streaky bacon 105kcal
 1.5

#### .95 FRENCH TOAST

838kcal
With glazed peaches, raspberries and vanilla ice cream (v) 805kcal

8.95

8.95

95

8.95

8.95

With bacon and maple syrup

#### 10.5 EGGS BENEDICT

English muffin topped with smoked streaky bacon and poached Copper Maran eggs, served with omega & sesame seed sprinkle and lemon hollandaise 741kcal

#### 9.95 EGGS ROYALE

English muffin topped with smoked Scottish salmon and poached Copper Maran eggs, served with omega & sesame seed sprinkle and lemon hollandaise 650kcal

#### 9.95 EGGS FLORENTINE (V)

English muffin topped with spinach and poached Copper Maran eggs, served with omega & sesame seed sprinkle and lemon hollandaise 595kcal

#### TRUFFLED SCRAMBLED EGGS

With smoked streaky bacon on buttered sourdough drizzled with truffle-infused oil *916kcal* 

#### SHAKSHUKA BAKED EGGS (V)

Two Copper Maran eggs baked in a spicy chickpea & tomato stew, with wilted spinach and toasted sourdough *673kcal* 

Add chorizo 247kcal or feta (V) 276kcal | 2

## Brunch with Us

#### 2 for 14

Choose any two of our brunch dishes for £14 until 12:00 everyday.

Our easy to use allergen guide is available for you to use on the food section of our website or on our Glass Onion app. We keep it online so that it's always as up to date as possible and you can filter out dishes containing any of the 14 major allergens. If you can't access the internet, we will be happy to provide you with the information. Our food and drinks are prepared in food areas where cross contamination may occur and our menu descriptions do not include all ingredients. If you have any questions, allergies or intolerances, please let us know before ordering. (V) = made with vegarian ingredients, (VE) = made with vegan ingredients, however some of our preparation, cooking and serving methods could affect this. If you require more information, please ask your server. Fish dishes may contain small bones. All calories are correct at the time of menu print. Live nutritional information is available online.

### **SMOOTHIES**

AVO-GO-GO SMOOTHIE (VE) 4.05

Spinach, avocado, ginger and lime 190kcal

**BERRY BLAST SMOOTHIE (VE)** 4.05

Strawberry, raspberry and blackberry 139kcal

SUPER C SMOOTHIE (VE) 4.05

Passion fruit, pineapple and manao 162kcal

Making day drinking socially acceptable one brunch at a time.

APEROL SPRITZ

MOJITO **DAIQUIRI PROSECCO** 

Licensing hours apply.

## HOT DRINKS

All hot drinks are served with a shot of chocolate beans (V) 91kcal

ESPRESSO 11kcal	2.95
AMERICANO 11kcal	2.95
MACCHIATO 36kcal	3.15
CAPPUCCINO 119kcal	3.15
FLAT WHITE 72kcal	3.15
MOCHA 179kcal	3.13
LATTE 110kcal	3.15
HOT CHOCOLATE 250kcal	3.15
ICED COFFEE 99kcal	3.15

**TEAS** 

2.95

Breakfast 24kcal

Earl Grey 24kcal

Rooibos 24kcal

Camomile Okcal

Peppermint Okcal

Green Okcal

Our 100% Arabica coffee offers a medium body & delicate taste. Containing beans from plantations in Nicaragua, this coffee is linked to a project which supports the sustainable wellbeing of 26 small scale coffee producing farms.\*

### **EXTRAS**

Add an espresso shot 11kcal	0.5
Caramel flavoured syrup 63kcal	0.5
Vanilla flavoured syrup 67kcal	0.5

#### AVAILABLE TO TAKE AWAY.

\*Not applicable for decaffeinated coffee (not Rainforest Alliance certified).







We're partnering with Shelter to make sure your meal makes a difference.

For each sale of any of our brunch dishes, 25p goes towards helping people struggling with bad housing and homelessness.



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