

BRUNCH

FIRST OF ALL...

BRUNCH



ORDER AT TABLE

Order and pay from the comfort
of your table. Scan the QR code
to start ordering now.

BRUNCH

Served every day until 12pm.

THE SCOTTISH FULL BREAKFAST 9.95

Pork & haggis sausages, smoked streaky bacon, free range eggs, roasted mushroom, tomato, baked beans and a grilled tattie scone 855kcal

EGGS BENEDICT | 8.5

Toasted English muffin topped with ham and poached free range eggs, served with omega & sesame seed sprinkle & lemon hollandaise 728kcal

Add avocado (V) | 198kcal 2

SHAKSHUKA BAKED EGGS (V) | 8.5

Two free-range eggs baked in a spicy chickpea & tomato stew, with wilted spinach, chilli flakes & toasted sourdough | 668kcal
Choose to top with chorizo | 247kcal or feta (V) | 276kcal

THE VEGGIE BREAKFAST (V) | 9.95

Meatless Farm™ sausages, free range eggs, roasted mushroom, tomato, baked beans, beetroot hash & toasted sourdough | 628kcal

EGGS FLORENTINE (V) | 8.5

Toasted English muffin topped with sautéed spinach, roasted mushrooms and poached free range eggs, served with omega & sesame seed sprinkle & lemon hollandaise | 732kcal
Add avocado (V) | 198kcal 2

BACON SANDWICH | 6.5

With tomato sauce | 615kcal

SAUSAGE SANDWICH | 6.5

Pork & haggis sausages with tomato sauce | 789kcal
Swap to Meatless Farm™ sausages (VE) | 667kcal

TRUFFLED SCRAMBLED EGGS | 6.5

With smoked streaky bacon on buttered sourdough drizzled with truffle-infused oil | 760kcal

Love this!

SMASHED AVOCADO & FETA ON RUSTIC TOAST (V) | 8.5

Topped with chilli, spring onion & coriander | 566kcal

THE VEGAN BREAKFAST (VE) | 9.95

Scrambled tofu with spinach, Meatless Farm™ sausages, tomato and chickpea stew, roasted mushroom, avocado & beetroot hash | 678kcal

EGGS ROYALE | 9

Toasted English muffin topped with Scottish smoked salmon and poached free range eggs, served with omega & sesame seed sprinkle & lemon hollandaise | 765kcal
Add avocado (V) | 198kcal 2

BANANA & BERRY BOWL (VE) | 5.5

Granola, fresh berries & non-dairy coconut yoghurt alternative | 269kcal

SWEET BELGIAN WAFFLES (V) | 7.5

Maple syrup, strawberries, banana, blueberry compote & non-dairy coconut yoghurt alternative | 1016kcal

Proudly supporting

Shelter

We're partnering with Shelter to make sure your meal makes a difference.

For each sale of any of our breakfast dishes, 25p goes towards helping families struggling with bad housing and homelessness.

EXTRAS

SOURDOUGH (V)	1.5
368kcal	
AVOCADO (V)	2
238kcal	
MUSHROOMS (VE)	2
128kcal	
FETA (V)	2
282kcal	
SMOKED SALMON	3
105kcal	
CHORIZO	2
247kcal	
SMOKED STREAKY BACON.....	1.5
105kcal	
GRILLED TATTIE SCONE.....	1
422kcal	

HOT DRINKS

ESPRESSO 91kcal	2.75
AMERICANO 115kcal	2.75
MACCHIATO 140kcal	2.95
CAPPUCCINO 212kcal.....	2.95
FLAT WHITE 176kcal	2.95
MOCHA 205kcal.....	2.95
LATTE 215kcal.....	2.95
CARAMEL LATTE 294kcal.....	3.45
HOT CHOCOLATE 305kcal	2.95
ICED COFFEE 172kcal.....	2.95

TEAS | Breakfast 115kcal | Earl Grey 115kcal | Rooibos 115 kcal |

Camomile 91kcal | Peppermint 91kcal | Green 91kcal | 2.75

Our 100% Arabica, Rainforest Alliance Certified coffee contains beans from Nicaragua, where coffee farmers receive training and technical support, helping to grow the sustainable wellbeing of local communities*.

All of our hot drinks are served with chocolate beans

AVAILABLE TO TAKE AWAY.

*Not applicable for decaffeinated coffee (not Rainforest Alliance certified).

LAUATLA



CUSTOMISE | Add an espresso shot for 50p (41kcal) | Add Caramel (79kcal) or Vanilla (85kcal) flavoured syrup for 50p | Swap to oat milk (53kcal).

PASTRIES

CROISSANT (V) | 1.95

Served with butter and jam | 542kcal

PAIN AU CHOCOLAT (V) | 1.95

With a chocolate filling | 304kcal

COCKTAILS

After all, a brunch without cocktails is just a sad, late breakfast. Licensing hours apply.

APEROL SPRITZ BELLINI DAIQUIRI

SMOOTHIES

AVO-GO-GO (VE) | 3.95

Spinach, avocado, ginger & lime | 190kcal

BERRY BLAST (VE) | 3.95

Strawberry, raspberry & blackberry | 139kcal

SUPER C (VE) | 3.95

Passion fruit, pineapple & mango | 153kcal

Our easy to use allergen guide is available for you to use on the food section of our website or on our Glass Onion app. We keep it online so that it's always up to date as possible and you can filter out dishes containing any of the 14 major allergens. If you can't access the internet, we will be happy to provide you with the information. Our food and drinks are prepared in food areas where cross contamination may occur and our menu descriptions do not include all ingredients. If you have any questions, allergies or intolerances, please let us know before ordering.

(V) = made with vegetarian ingredients, (VE) = made with vegan ingredients, however some of our preparation, cooking and serving methods could affect this. If you require more information, please ask your server. *contains alcohol. Fish dishes may contain small bones.

All calories are correct at the time of menu print. Live nutritional information is available online.

Adults need around 2000kcal a day

SPARKLING BRUNCH MENU

30 FOR TWO PEOPLE

*Pre-booked only

CLASSICS

THE SCOTTISH FULL BREAKFAST

Pork & haggis sausages, smoked streaky bacon, free range eggs, roasted mushroom, tomato, baked beans and a grilled tattie scone | 855kcal

CLASSIC CHEESE BURGER

Chargrilled beef patty and smoked Cheddar cheese with seasoned skin-on fries | 1115kcal

THE VEGGIE BREAKFAST

Meatless Farm™ sausages, free range eggs, roasted mushroom, tomato, baked beans, beetroot hash & toasted sourdough | 628kcal

SMASHED AVOCADO & FETA ON RUSTIC TOAST (V)

Topped with chilli, spring onion & coriander | 566kcal

THE VEGAN BREAKFAST (VE)

Scrambled tofu with spinach, Meatless Farm™ sausages, tomato and chickpea stew, roasted mushroom, avocado & beetroot hash | 678kcal

CHICKEN QUESADILLA

Chargrilled tortilla filled with pulled chicken breast, fire roasted peppers, smoky tomato sauce, mature Cheddar cheese & sour cream, served with seasoned skin-on fries | 708kcal

Love this!

EGGS

EGGS BENEDICT

Toasted English muffin topped with ham and poached free range eggs, served with omega & sesame seed sprinkle & lemon hollandaise | 728kcal

EGGS FLORENTINE (V)

Toasted English muffin topped with sautéed spinach, roasted mushrooms and poached free range eggs, served with omega & sesame seed sprinkle & lemon hollandaise | 732kcal

EGGS ROYALE

Toasted English muffin topped with Scottish smoked salmon and poached free range eggs, served with omega & sesame seed sprinkle & lemon hollandaise | 765kcal

SWEET

SWEET BELGIAN WAFFLES (V)

Maple syrup, strawberries, banana, blueberry compote & non-dairy coconut yoghurt alternative | 1016kcal

BANANA & BERRY BOWL (VE)

Granola, fresh berries & non-dairy coconut yoghurt alternative | 269kcal

SIDES

SEASONED SKIN-ON FRIES (VE) 3.5
401kcal

With smoked paprika and saffron aioli (V) | 484kcal 4.25

With Parmesan, truffle-infused oil and rosemary | 484kcal 4.25

SWEET POTATO FRIES (VE) 4.25
472kcal

HEIRLOOM TOMATO & FETA (V) 4.5
263kcal

CHARRED CHILLI BROCCOLI (VE) 3.95
181kcal

*Terms & Conditions: Pre-bookings only. Sparkling Brunch is time-limited to 1.5 hours and last sitting is at 3pm. You may order two brunch dishes and choose four of any of the following drinks: 125ml glass of Prosecco, 25ml Tanqueray London Dry Gin with any Fever-Tree Tonic, Aperol Spritz, Pineapple Daiquiri or Strawberry Daiquiri or from our range of fruit juices. Price is for two guests.

Our charity partner is Shelter Trading Limited whose taxable profits are donated to Shelter the National Campaign for Homeless People (Registered Charity Number 263710 in England & Wales, SC002327 in Scotland).

Please visit www.allbarone.co.uk for full terms and conditions.

Adults need around 2000kcal a day



