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BRING IT ON  
AUTUMN

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SHARING BOARDS | VIRTUOUS VEG CAKES | COLD PRESSED JUICES

## BRING IT ON AUTUMN

**A collection of mood boosting food and drink,  
great for sharing as the nights draw in.**

### COLD PRESSED JUICES

These veggie juices are positively bursting with intense flavours and goodness.

#### Pumpkin Power 3.45

Pumpkin, ginger, cinnamon, carrot, pineapple, apple and lemon.

#### Mean Greens 3.45

Celery, cucumber, lettuce, spinach, pear and pineapple.

#### Juicy Roots 3.45

Beetroot, carrot, lemon, ginger and apple.

### VIRTUOUS VEG CAKES

Be good and bad at the same time with our limited-edition virtuous veg cakes. We've combined these feel good flavours to give you a little pick-me-up this Autumn.

#### Carrot & Parsnip 2.75

#### Chocolate & Beetroot 2.75

#### Courgette, Avocado & Lime 2.75

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### SHARING BOARDS

There's nothing like getting together and sharing food and drink with friends as the nights draw in. Our chefs selection of flavours from around the globe will keep the conversation flowing this autumn.

#### The Mezze Board (V) 15.00

Feta & spinach boureks, kale pakora with jackfruit chutney, grilled halloumi, smashed avocado, houmous duo, warm breads and a quinoa & spiralised carrot & pomegranate salad.

#### The Grazing Board 16.00

Chorizo & halloumi skewers, teriyaki chicken skewers, salt & pepper calamari, piri-piri drizzled houmous, flatbread and All Bar One nachos.

#### The Deli Board 18.00

Fennel salami, Coppa ham, Parma ham, box-baked camembert, red onion chutney, Iberico ham croquetas, bread & olives, cornichons and guindilla chillies.

#### Brunch Board 15.00

*Available until midday week days and 1pm at weekends*

Smoked salmon & scrambled eggs, toasted sourdough with smashed avocado, beetroot houmous, grilled feta, seasonal mushrooms sautéed in garlic & parsley butter, poached free range egg and a choice of cold pressed juice.

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